

**FOR IMMEDIATE RELEASE**

## **LOCAL CATERING COMPANY CELEBRATES 30 YEARS OF BEING DELICIOUS!**

**May 1, 2011, ORLANDO, FL.** While most of Central Florida is still asleep, the chefs at Edibles Etc. in Altamonte Springs are busy baking another batch of their Signature Jumbo Chocolate Chunk Cookies. For thirty years, this has been part of the daily magic in the kitchen of Sharon Nina's catering company who ascribes to the motto: "We're Delicious and We Deliver a Higher Standard".

Edibles Etc is well established as a leader in the business of corporate catering. Fresh, healthy and tasty food presented in a professional manner with consistent on time service has kept this locally owned company thriving even through the difficult economy. Over the years, Edibles Etc. has earned the loyalty of many of Central Florida's largest corporations as well as plenty of small businesses by being so dependable. You can count on them to make your event a success!

"Our recipes are prepared from scratch in small batches so our food never has an institutional flavor. We follow the latest trends and use fresh fruits and vegetables from local sources delivered daily. We even add fresh herbs grown in our personal organic garden," says Chef Sharon. Only healthy oils and real butter are used with no artificial trans fats. And when it comes to vegetarian cuisine, Edibles Etc. shines providing meatless options for all of their customer's favorite recipes.

The menu has expanded over the past 30 years from gourmet On-The-Go bag lunches and everyone's favorite sandwich buffets to include a long list of specialty salads and savory, hot made to order breakfast, lunch and dinner fare. Receptions and special events turn spectacular with hot and cold handmade tasting bites that include many unique and creative offerings. "Everything is prepared daily based on our customer's special needs," adds Nina. If this sort of attention to details is a key ingredient in the recipe for success, Edibles Etc. has good reason to celebrate.

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*ABOUT EDIBLES ETC.: Edibles Etc. brings a unique set of qualifications to the table. Sharon, President and Owner, and David Nina, Vice President, are both American Culinary Federation Certified Executive Chefs and both are graduates of the prestigious Culinary Institute of America. In addition, Sharon is a Certified Professional Catering Executive and David is a Certified Culinary Educator, six time culinary competition gold medal winner and a member of the elite American Academy of Chefs. Edibles Etc. is a fully licensed and insured Certified Woman Owned Business. Full Menus and Additional Information may be found at [www.ediblesetc.net](http://www.ediblesetc.net).*

**FOR MORE INFORMATION, CONTACT: Sharon Nina (407) 682-3663**