



Parents
Challenge
Workbook To Be
Rockstars In
Court

A WORKBOOK TO HELP WITH
CUSTODY OF YOUR CHILD(REN)

ROBIN MARTINELLI



INTRODUCTION:

There are a lot of factors that can determine whether a parent gains custody of their child or not. Many parents are very involved in their children's lives. However, some parents cannot answer in depth questions about their child when they are in the courtroom.

This workbook is to be used as a guide to inform yourself in great detail about what you already know, sort of like a study guide for when you go to court. Not only is there great information about the child that you will need to know, there is also information about you.

The information about you can be used while in court to show that you are capable in every way to care for your child.

Instructions:

As you navigate through each section of this workbook you will find different sections of information you will need to know about your child, along with a blank space - In the blank space fill in the information about your child. You will then move into another section that is intended for information about yourself. In the sections about yourself, fill in the information that is asked, along with how having that information may help you gain custody of your child. When you come across a question about having a certain photo, print the photo the workbook is asking for and insert it into the page the question is on.

Remember, this is a workbook for you! There is never too much detail.

Tips for Remembering:

- Fill out this booklet more than once
- Use a blue ink pen
- Ask yourself the questions and make sure you have the answers mastered



Section One:

Information About Your Child

Movies:

1) What is your child's favorite movie?

2) What types of movies does your child enjoy?

3) What actor/actress does your child favor?

TV Shows:

1) What is your child's favorite TV show?



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2) What channel does their favorite TV show come on?

3) What network provides your child's favorite show?

4) How long does your child usually watch TV a day?

Music:

1) What genre of music is your child's favorite?

2) What is your child's favorite song currently?



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3) Who is your child's favorite music artist?

4) What kind of music is on your child's iPod?

Books:

1) What genre of book is your child's favorite?

2) What is your child's favorite book?

3) What book does your child like to read most?

4) What book was your child's bedtime story at night?



Social Media:

1) What is your child's Facebook name and account log in information?

2) Are you friends with the child on Facebook? If you answered no, why are you not friends?

3) What is your child's YouTube username? What kind of videos are they posting?

4) Does your child have a Twitter account? If so, what is their username, and log in information?

5) If your child has an email address, what is their log in information, and do you monitor what kind of emails they are getting?

6) Does your child have a website?



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7) What is your child's phone number?

8) Do you monitor their text messages, why or why not?

9) What websites does your child frequent? Why?

Extra-curricular Activities:

1) What are your child's team names?

2) What is the name of the team mascot?



3) What are your child's team colors?

4) What is their number?

5) What are the teams' statistics?

6) Have you ever been the teams score keeper?

7) Do you have team photos?

8) What position does your child play?



9) Do you have a team roster?

10) Do you have receipts from team snacks that you have purchased?

11) Are you, or were you ever a coach, or team parent?

12) Have you been to team events outside of practices, and games?

13) Do you have any scheduling or paper handouts?

14) Does your child have any trophies?



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15) Does your child have any awards or certificates?

16) What kind of video games does your child play?

17) Why do they like these games?

18) How much do these games usually cost?

19) Are any of these games educational?



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Education and Daycare:

1) What is your child's Parent Portal log in?

2) What classes is your child taking?

3) Who are your child's teachers?

4) What time does your child go to and come from school?

5) Who is their school bus driver?



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6) Who makes your child's lunch, or do they eat school lunch?

7) What are your child's grades?

8) Do they have any special classes?

9) What grade is your child in?

10) How far do you live from the child's school (minutes)?

11) What is the name of your child's daycare?



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12) Where is the daycare located?

13) What is the portal log in?

14) Who is the director?

15) What is the school's web address and telephone number?

16) What subject does your child have at what time?

17) What are the school's councilor's name, telephone number and email?



18) Do you have any emails between you and the counselor, if so print them and attach.

19. Do you know the bus route for your child?

20. Do you have all files from their school from every grade?

21. What homework, worksheets, and daily activity worksheets do you have?

22. Does your child currently have any caregivers?

23. How many caregivers does your child currently have?

24. When is your child with these caregivers?



Medical Information:

1) What is the name of your child's dentist?

2) Where is the child's dentist located?

3) Do you have past appointments, and charts?

4) What kind of toothpaste does your child use?

5) What kind of toothbrush does your child use?

6) What types of mouthwash does your child use?



7. When were your child's last and next teeth cleaning appointment?

8) Do you have a copy of their file?

Immunizations:

9) What immunizations has your child had?

10) When did your child last update their immunizations?

11) What doctor does your child go to for their immunizations?

12) Do you have a chart or record showing the child's current immunizations?



13) What medication(s) is your child currently taking?

14) Why is the child on the medication stated above?

15) What is the name of the medication?

16) What dose of the medication is the child taking?

17) What pharmacy is used to fill the prescription?



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Nutrition:

1) Does your child have a favorite food?

2) What sorts of foods do they eat?

3) How often does your family eat out?

4) Do you teach the child to eat properly?

5) Have you taken any cooking classes with your child?



Church Information:

1) Is your child in a youth program at a church?

2) What is the Youth Leader and Pastors name?

3) What is the name of the church?

Pet Information:

1) What type and breed of animal(s) do you have?

2) What is your animal(s) name?

3) Does your child interact with the animal(s) often?



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SECTION 2: Parent Information:

Your Home-

- 1) Do you have a current photo of your residence?

- 2) Do you have statistics on your neighborhood?

- 3) Do you have pictures of every room in your home?

- 4) Include photographs of the following:

- Every Bathroom
- Every Bedroom
- Office area
- Backyard
- Front Yard
- Garage
- TV room
- Kitchen
- Activity Room
- Refrigerator and contents
- Freezer and contents



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Vehicles:

1) Do you have photographs of your cars?

2) Who pays for the tags on your vehicles?

3) How much is the Tag, Car note, Insurance for the vehicle?

Bank Information:

1) What banks do you bank with?

2) How many different bank accounts do you have?

3) Where are your banks located?



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4) What are your account numbers?

5) Do you have a savings account for you and the child?

6) Do you have a safety deposit box?

7) Do you have electronic deposit?

8) Do you have active credit cards?

9) How many credit cards do you have?
