



Parish Picnic
June 19, 2011



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July/August 2011 Newsletter

St. James' Episcopal Church
9 Williams Street
Clinton, NY 13323





St. James' Episcopal Church
 9 Williams Street • Clinton, New York 13323 • 315-853-5359
 www.stjamesclinton.org • office@stjamesclinton.org

REGULAR SERVICES:

Saturday, 5:15pm • Sunday, 9:30am

Church office hours: Tue. 5-7pm; Wed. 5-9pm; Thurs. & Fri. 8:30am -1:30pm

Staff:

Rector: The Rev. Timothy S. Reger
 Minister of Music: Mr. Richard Lloyd • Sunday School Director: Jenny Fuller
 Sexton: Mr. Christopher Evans • Administrative Assistant: Allison Forbes

Vestry:

vestry@stjamesclinton.org
 Senior Warden: Patricia Jue • Junior Warden: Karen Anderson
 Skip Beardsell • Cynthia Crossley • Bruce Evans • Patty Fox
 Susan Havlovic • Gordon Jones • John Pick • Wendy Weber • Kathy White
 Treasurer: Jan Wilson • Assistant Treasurer: Blair Jones

Webmistress: Patricia Jue
 Newsletter: Pat Evans

Leadership Group Chairs:

Parish Life: (Open)
 Outreach: (Open) • outreach@stjamesclinton.org
 Worship & Formation: Tim Reger • worship-and-formation@stjamesclinton.org
 Property Management: Heidi Phillely • properties@stjamesclinton.org
 Finance Committee: Craig Heuss
 Investment Committee: Jim White • investments@stjamesclinton.org
 Communications Committee: Skip Beardsell • communications@stjamesclinton.org

St. James' is a community where we come together in Christ to develop spiritually; find opportunities for outreach; receive comfort when in need; and engage in sacred experiences through our liturgy, music, fellowship, and mutual ministry."

Treasurer's Report

Thank you to all for your generous contributions and support to St. James. During the month of May, our income was \$19,235 and our expenses were \$13,074. Year-to-date our income has exceeded our expenses. However, St. James depends on your pledges to keep everything going, and the bills still keep coming even though summer is here, and people are away. So if you are traveling during the summer months, perhaps you could drop your weekly or monthly check in the mail before heading off for your vacation.

St. James Day School

The Day School is not in session for the summer but there are a few openings for the fall. Program and registration information are on the Day School bulletin board on the landing going downstairs. We also continue to collect ink cartridges to recycle – a blue bin is marked and also located on the landing going down to the classrooms. There are a couple of items on our "wish list" that you may want to get rid of and donate to us: a laptop computer with Windows 95 or better for children's educational games and a CD/Tape player or stereo for our listening center (audio books). You can contact me at sjdayschool@gmail.com or leave a message at the Day School (ext. 14) if you have any questions or comments. Have a very happy and safe summer.

– Cindy Wirene, Head Teacher

Rite 13

The Rite-13 youth members offer their thanks to all the parish members who attended the Parents and Family Brunch on June 12. We hope you enjoyed sharing the meal as much as we enjoyed serving it to you! Through your generosity, the Youth Outreach Committee raised over \$200.00 in free will donations toward their Heifer Dairy Cow Project.

And very special thanks to Holly Horner and Cindy Majka, for creating and donating the beautiful shell and fruit basket that served as the centerpiece for our Hawaiian theme decorations.

We will continue to recycle your 5-cent deposit cans and bottles throughout the summer. Just put them into the collection box in the parish hall vestibule. The donated deposit cans and bottles recycled during the spring months provided funding for food supplies and decorations used at the brunch.

The Rite-13 group will not be meeting on a regular weekly schedule during July and August. We may plan a special fun gathering or two, and will be in touch with the youth members via e-mail to plan those summer events.

A Thank You Note - I want to say a huge thank you to all of the St. James community for your prayers, concern, cards and words of encouragement during my recent illness. I truly believe that prayer for those that are ill can bring healing. Again, Thank You, Judy Logan



We are collecting historical photographs. If you have photographs of a significant parish event (worship service, fellowship, outreach project) that you would like to share, place them in the metal box on top of the St. James mail boxes (located across from the restrooms) or send them by post to 9 Williams Street, Clinton, NY, ATTN: photos. Please identify photos with the event, date, people pictured, and if you like, provide a caption. We suggest including these on a separate paper rather than writing on the back of the photo; avoid staples or paperclips. Include a mailing address, and if possible a stamped envelope, so we may return the items to you once we have scanned them. Digital photographs may be sent as attachments to pictures for.stjames@gmail.com; include information in the e-mail message.

Outreach

The Outreach group voted to donate \$1000.00 to The Emmaus House in Utica to help them purchase equipment that will help them ensure the safety of their staff and their patrons.

Thank you to everyone who contributed a grocery bag full of healthy food for kids in the summer months. St. James has contributed over 45 bags to Country Pantry in Clark Mills! Additional bags are available at church for filling in July and August.

Outreach Opportunities for You

Hope House meals - we are preparing dinner for Hope House on August 2nd and 14th. We will be cooking here at St. James and transporting the food to Hope House. If you would like to help us either day, speak to Karen Anderson, or just meet us in the kitchen.

We are hoping to have a presence on the Green at the Clinton Arts and Music Festival on Aug. 27th, with some artwork from Haiti that we plan to sell and send the proceeds back to Haiti. We will have sign up sheets for people who would like to staff our table. After you attend the festival, please plan on participating in our U2charist in the sanctuary.

Greetings from México!!!

June came and went and I thought May went by fast. To tell you the truth, I think each month till September is going to go by progressively faster. This has been an exciting month. We have been getting ready for the Summer Mission project as well as The Happening. This was the last month of Seminary classes until the end of August; they are now on summer break. To finish the year we had a week of celebrating the different Christian traditions of the Theological Community that St. Andrew's is a part of. We hosted one night and then the other three nights were held at different churches (Lutheran, Roman Catholic and Greek Orthodox). It was so great for me to see those other traditions here. The month ended with a visit from a seminary student from The Church Divinity School of the Pacific. He will be ordained in Mexico's sister diocese of Utah. It was so wonderful to build a relationship with him; we look forward to working on projects together in the future. In July, I am excited for Vacation Bible Schools and other camps with the youth of the diocese. I say sincerely, thank you all for your support and prayers. This time has meant so much to me. Words cannot properly express how grateful I am. I would not be here without all your help. You are all in my thoughts and prayers. May God bless and keep you always.

Amor Y Paz, Joanna



Joanna with seminary students, Dean and one of the teachers.

Vestry News

On Sunday June 12, after the worship service, the vestry took a walking tour of the St. James campus to better understand the numerous maintenance projects. We admired the newly repaired church foundation work and the now, mostly dry rectory basement. We also noted the many other projects on the property in need of attention and are actively seeking ways to make St. James a more welcoming and safe place for all.

At the Wednesday, June 15 meeting, the vestry approved the purchase of computer equipment to make our office more efficient, and authorized representatives for our investments accounts. We also approved funds to refinish the parish hall floor. The parish hall is used for multiple purposes by St. James and other groups. We are glad that our building can serve our community as we fulfill our mission to gather together in Christ, find opportunities for outreach, receive comfort when in need, and engage in sacred experiences through our liturgy, music, fellowship and mutual ministry.

—Patricia Kay Jue, Sr. Warden

Women's Spirituality The Women's Spirituality group is taking a break from meeting for the summer, but not from reading. Our current selection is *Amish Grace*, by Donald Kraybill. We will discuss this book at our September meeting, which will be September 12th, due to the first Monday being Labor Day. In September we will begin reading *The Faith Club* by Ranya Idliby, Suzanne Oliver, and Priscilla Warner. The Women's Spirituality group is open to any woman who would like to join us. We invite you to participate whether you have read the selection of the month or not. See Karen Anderson if you have questions.

The Lectio Divina (Lectionary Reflection) group that meets Wednesdays at noon will recess for the summer months (July & August). It will resume September 21st; same time, same place (church library). We invite anyone interested to join us then. Information contact Fr. Tim, Heidi Philley or Judy Logan.

Summer Bible Study: "Ten Key Promises of the Bible"

is a 6-week Bible study that Heidi Philley is leading with women in the Clinton community on Monday mornings at 9:30 at St. James. Each promise is a separate study so come for just one or as many as you can.

From the Rector

I recently visited a woman with a terminal illness. She talked about her difficulty in prayer. Obviously, she had been praying for healing and recovery, and this was not happening. I thought for a moment, then said to her, "Sometimes life circumstances are such that the best posture, or style, of prayer is that of trust in or surrender to God, God's Spirit, God's love.

Often things happen to us, circumstances come our way, over which we have no control. In the mystery of things, life does not unfold according to our design or plan. In the face of such experiences, it is easy to grow anxious, or despondent. But we can find a new strength and courage for life, and all of life's events, by connecting with a power greater than ourselves. In speaking with the suffering woman, I offered the mantra that has worked for me for so many years: "Father, into Your hands, I commend my spirit." I shared how this articulation of trust and surrender in to God's unconditional love has helped me a great deal over the years.

Before any of us can engage in prayerful trust or surrender, I think there has to be a break-through (maybe even a break-down) experience that results in a convictional faith, where, in the deepest part of our selves, we do believe there is this God of unconditional mercy and love, at work in and through us, despite the circumstances of our lives. From that basic conviction, we can engage in trust and surrender which fills us with grace and courage and the resiliency to face all sorts of life experiences.

While death is the ultimate stressor and anxiety that we all must face, simply being alive in today's world throws great anxiety and stress our way. The gospel teaches us that we need one-on-one time and connection with God to face life's many worries and anxieties. You surely recall Jesus telling Martha, "You are worried and anxious about many things. Mary has chosen the better part (being with me for awhile) and she should not be deprived of it." None of us should be deprived of one-on-one time with God. It is precisely that trusting time of surrender that centers us, and gives us the grace, spirit, and courage we need for daily living.

The sources of worry, anxiety, and stress in contemporary life are abundant. As humans, we are incredibly complex organisms. Some of us have chemical and electrical activity going on in our brains that produce symptoms of anxiety and stress. We are also psychological people and social people. Some of us have learned anxious, worrisome ways of life. We think in anxious, worrisome ways, and that produces anxious, worrisome feelings and behaviors. As social people, we learned such ways of life through significant relationships. Those relationships need to be considered and reflected on, and often, the patterns of relating that we learned in childhood we must be willing to change. Most importantly, we

need to change anxious, worrisome, stressful patterns of thinking that make us "worried and anxious about a great many things."

Here are some thought patterns that anxious, worrying, stressed-out people typically follow, and often these thought-patterns occur beneath one's conscious awareness:

- I must...
- I can't...
- I am not enough...
- I must please people...
- I am inferior...
- This is too much for me...
- There is so much to do...
- I am alone...
- No one cares...
- I am what I do...
- I am what I produce...
- I made an awful decision, and it cannot be changed...
- I committed the unforgivable sin...

Such thinking often pushes us into multi-tasking which makes us more anxious and stressed. Becoming less worried and anxious necessitates that we catch ourselves in these pre- and un-conscious patterns of thinking, and replace them with more positive, lifegiving thoughts.

In our house, we have an Icon I received from my Grandmother, which she acquired on a trip to Israel, of Abraham's encounter with the Trinity. It is based on a famous Russian icon called "The Holy Trinity" by Andrei Rublev. The iconography is of the three experiences of the Trinity that Abraham is said to have briefly glimpsed in making hospitality time for the three strangers.

I was talking with a young person outside of the parish this week, who is wrestling with trying to develop a spiritual life. In trying to offer him guidance, I told him that each person has to find a style of connecting with God that fits his or her personality. And so we discussed finding time for silence, reciting mantras, journaling, the importance of finding a genuine faith community, sacred reading. We all have to find a style of connecting with God that fits us. But I do believe there is a contemplative part of each of us that needs to be discovered, cultivated and nurtured.

When we discover how to make time simply to be with God, we discover a wisdom, a courage, a strength that can help us face anything. In several places in his letters, Paul shares how it is he finds deep meaning in his suffering because he sees his suffering as somehow participation in the suffering, the paschal mystery of Jesus Christ. If we remain constantly busy, even if the busyness is in service of others, our growth in wisdom will be restricted.

If you are worried or anxious, slow down! Make room in your life for quiet, for God. Get centered, or life will live us, rather than us living life. And with that, peace and blessings to you in Christ—I am headed-off on vacation!

July 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 9:30am Worship Service 6pm Spirituality Group	27 9 & 10am Aerobics <i>John & Bonnie Bushman</i>	28 8pm AA Mtg. <i>Tim & Stacy Butcher</i>	29 9 & 10am Aerobics 6:15 Tapestry Rehearsal <i>Carl & Pat Cameron</i>	30 <i>Alistair Campbell & Family</i>	1 9 & 10am Aerobics <i>Eleanor Carmen</i>	2 5:15pm Worship Service <i>M. Christ & Scott Evans</i>
3 9:30am Worship Service	4 6:30pm Girl Scout meeting <i>Ann Clarke</i>	5 8pm AA Mtg. <i>Bruce & Sondra Coe</i>	6 6:15 Tapestry Rehearsal 7pm Finance Committee <i>Brian Collett & Family</i>	7 <i>Tim & Marsha Collett</i>	8 <i>Dick & Joan Compson</i>	9 5:15pm Evening Prayer <i>Fran Conway</i>
10 9:30am Morning Prayer	11 9 & 10am Aerobics 9:30am Women's Summer Bible Study 7pm ABC Board Mtg. <i>Patsy Couper</i>	12 8:30am Clinton Garden Club 8pm AA Mtg. <i>Bud & Peggy Cratty</i>	13 9 & 10am Aerobics 6:15 Tapestry Rehearsal <i>John & Piper Crawford</i>	14 <i>John & Cynthia Crossley</i>	15 9 & 10am Aerobics <i>Dan D'Angelo & Family</i>	16 5:15pm Worship Service <i>Jim & Beth Davis</i>
17 10am Worship Service	18 9 & 10am Aerobics 9:30am Women's Summer Bible Study <i>Kate Davis</i>	19 7pm Book Club 8pm AA Mtg. <i>Irma Davis</i>	20 9 & 10am Aerobics 6:15 Tapestry Rehearsal 7pm Vestry Meeting <i>Alicia Davoli</i>	21 <i>Andrew & Bonnie Dawes</i>	22 9 & 10am Aerobics <i>Bobbie Dawes</i>	23 5:15pm Evening Prayer <i>Helen & Stephen Dick</i>
24 9:30am Morning Prayer	25 9 & 10am Aerobics 9:30am Women's Summer Bible Study 6:30pm Girl Scout meeting <i>Dorene & Conrad Dorn</i>	26 8pm AA Mtg. <i>Don & Heather Drumm</i>	27 9 & 10am Aerobics 6:15 Tapestry Rehearsal <i>Diek Elliott & Family</i>	28 <i>John & Nicole Ellis</i>	29 9 & 10am Aerobics <i>Madeline Ellis</i>	30 5:15pm Worship Service <i>Steve Ellingson & Family</i>

Names at the bottom of each day indicate those for whom we pray. • Service lectionary readings can be found on our website.

July Server Schedule

Date	Acolytes	Nursery	Lectors	Eucharistic Ministers	Ushers/Greeters
Sat. July 2	Dakota Williams		Chris Fox	Patty Fox	Chris Fox
Sun. July 3	Tim Collett		Sharon Williams	Kathy & Brian Collett	John & Cynthia Crossley
Sat. July 9	Audra Williams				Maria Beck & Jim Sinclair
Sun. July 10	Nick Williams		JoElyn Wakefield-Wright		Bruce Coe & Susan Bennett
Sat. July 16	Suzie Phillips		Chuck Kershner	Kathy Heuss	Holly & Chuck Horner
Sun. July 17	Tim Collett		Peggy Cratty	Alistair Campbell & Skip Beardsell	Conrad Dorn & Chris Evans
Sat. July 23	--		Heidi Philley	Nancy Taylor	Ted & Janet Johnson
Sun. July 24	--		Tom Hebert	Barbara Swetman	Don Neil & Tom Hebert
Sat. July 30	Connor D'Angelo		Patty Fox	Chris Fox	Patty Fox
Sun. July 31	Audra Williams		Mary Lou Iles	Judy Logan & Rick Hovarth	Jim & Kathy White

July Altar Guild: Heidi Philley

August 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 9:30am Worship Service	1 9 & 10am Aerobics 6:30pm Girl Scout meeting <i>Robert & Sharon Ellison</i>	2 8pm AA Mtg. <i>Randy & Mary Anne Ericson</i>	3 9 & 10am Aerobics 6:15 Tapestry Rehearsal <i>Bruce & Sharon Evans</i>	4 <i>Chris & Carrie Evans</i>	5 9 & 10am Aerobics <i>D. Evans & Patricia Jue</i>	6 5:15pm Worship Service <i>Tom & Pat Evans</i>
7 9:30am Worship Service 6pm Spirituality Group	8 9 & 10am Aerobics 7pm ABC Board Meeting <i>John & Mimi Feblner</i>	9 8:30am Clinton Garden Club 8pm AA Mtg. <i>Robert & Lee Fekita</i>	10 9 & 10am Aerobics 6:15 Tapestry Rehearsal 7pm Finance Committee <i>Helen Ford</i>	11 <i>Dick & Barbara Foster</i>	12 9 & 10am Aerobics <i>Chris & Patty Fox</i>	13 5:15pm Worship Service <i>Joan Frost</i>
14 9:30am Worship Service	15 9 & 10am Aerobics <i>Jennifer Fuller</i>	16 7pm Book Club. 8pm AA Mtg. <i>Mark Fuller</i>	17 9 & 10am Aerobics 6:15 Tapestry Rehearsal 7pm Vestry Meeting <i>J. Furlong & D. Yaple</i>	18 <i>Jill & Roger Gates</i>	19 9 & 10am Aerobics <i>Mike & Mary Garcia</i>	20 5:15pm Worship Service <i>Jennifer Geiger</i>
21 NO 10am SERVICE 4pm Service at Paris Hill 6pm Spirituality Group	22 9 & 10am Aerobics <i>Stephen Havlovic & Family</i>	23 8pm AA Mtg. <i>Gordon Hayes, Sr.</i>	24 9 & 10am Aerobics 6:15 Tapestry Rehearsal <i>Gordon Hayes, Jr. & Family</i>	25 <i>Tom & Jill Hebert</i>	26 9 & 10am Aerobics <i>John & Sue Hecklau</i>	27 5:15pm Worship Service <i>Craig & Kathy Heuss</i>
28 9:30am Worship Service	29 9 & 10am Aerobics <i>Kevin & Victoria Hilton</i>	30 8pm AA Mtg. <i>Stacey Himmelburger</i>	31 9 & 10am Aerobics 6:15 Tapestry Rehearsal <i>Editb Hoag</i>	1 <i>Chuck & Holly Horner</i>	2 9 & 10am Aerobics <i>Richard Howarth</i>	3 5:15pm Worship Service U2charist <i>William & Sally Humphrey</i>

Names at the bottom of each day indicate those for whom we pray. • Service lectionary readings can be found on our website.

August Server Schedule

Date	Acolytes	Nursery	Lectors	Eucharistic Ministers	Ushers/Greeters
Sat. Aug. 6	Rachel Jones		Chuck Kershner	Kathy Heuss	John & Sharon Pick
Sun. Aug. 7	Dakota Williams		Sue Pinto	Alistair Campbell & Randy Wilson	Bruce Coe & Susan Bennett
Sat. Aug. 13	Marek Havlovic		Nancy Taylor	Heidi Philley	John & Cynthia Crossley
Sun. Aug. 14	Charlotte Jones		Jeff Wooldridge	Brian & Kathy Collett	Conrad Dorn & Chris Evans
Sat. Aug. 20	Margaret Jones		Matt Weber	Wendy Weber	Holly & Chuck Horner
Sun. Aug. 21	Connor D'Angelo		Sharon Williams	Skip Beardsell & Karen Anderson	Wendy and Matt Weber
Sat. Aug. 27	Logan Williams		Chris Fox	Patty Fox	Jim & Kathy White
Sun. Aug. 28	Cory Hayes		Tom Hebert	Art Spencer & Bill Kistner	Don Neil & Tom Hebert
Sat. Sept. 3	Nick Williams		Rahel Reger	Matt Weber	Maria Beck & Jim Sinclair
Sun. Sept. 4	Audra Williams		Mary Lou Iles	Barbara Swetman & Alistair Campbell	Bruce Coe & Susan Bennett

August Altar Guild: Judy Snow