



RESUME: Thabile Zondi-Rees

Coaching Africa

I am a counselling psychologist in private practice with extensive experience of working with people from different contexts within South Africa. These include the University of the Western Cape, Old Mutual and the Trauma Centre for Survivors of Violence and Torture. Working in these contexts has broadened my understanding of systems, human behaviour and interpersonal relations. These aspects are interrelated and influence people's behaviour within relationships. Hence, one of my services includes organisational development and sustainability through facilitating the emotional intelligence of the leadership and teams. I offer executive coaching, team coaching and team building programs tailor made to fit the organisational needs. Systems theory forms the conceptual bedrock of my thinking and processing of organisational needs.

Organisations who have used my programs have seen the value of investing in its leaders and teams because these programs have generated positive changes on their performance and organisational functioning. Furthermore, leaders and teams get motivated and driven to work for a common goal of upholding organisational vision and values. I believe each person has a potential that needs to be harnessed and honoured. Hence, my approach is influenced by the concept of co-creation, which enables individuals to own the process of change and drive it.

I have the privilege of speaking a number of different languages, which means I can reach out to many people who would prefer coaching in Zulu, Xhosa, Sotho, Tswana and English.

Since 2005 I have started my own consultancy, which includes working with clients individually in private practice and facilitating leadership coaching and team development within organisation. The work that I have done from my consultancy since 2005 is as follows:

I am collaborating with Lean van Westhuizen (clinical psychologist) since 2007 in facilitating Emotional Intelligence workshops for teams in PetroSA.

I am collaborating with Leon Rautenbach since 2008 and we have been coaching the WESGRO team in Cape Town.

I have worked in the public sector providing employee wellness interventions for Transnet.

I have recently completed the following courses

- Executive Coaching
- Family Constellation
- Group Analysis (to be completed 2009)