

*Intriguing Insights from your Infinite Self - Personal Expansion Playshop*

# Reduce Holiday Stress & Experience More Joy this Holiday Season - *Healthy Energy Boundaries* -

The holidays are coming...are you feeling stressed because:

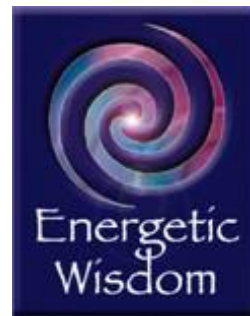
- All the obligations? Other's expectations?
- Relationships are strained?
- There's so much more to do?

Learn simple, practical, and  
easy-to-use intuitive tools to:

*Minimize the impact of others'  
expectations*

*Release stress and feel  
relaxed*

*Create a more joyous, fun-  
filled holiday season*



*Intuition for Empowerment*

About the Instructor  
Susan Rueppel, Ph.D.



Susan Rueppel, Ph.D. is an international Business Intuitive, Medical Intuitive and personality typologist. She is an entrepreneur who has worked in the corporate world as well as founded and developed two of her own businesses. Her lively, practical, and accessible approach to intuition has benefited many. She is the

*founder of **Energetic Wisdom** – focusing on **Intuition for Empowerment** - helping people access their personal and professional genius utilizing intuition.*

**Tuesday, November 16<sup>th</sup>, 2010**

**6:30 to 8:00 p.m.**

**Energetic Wisdom**

**2231 J Street, Suite 101**

**Sacramento, CA 95816**

**Energy Exchange: \$35**

**Sign up today: 916-444-1112**

916-444-1112 \* [www.EnergeticWisdom.com](http://www.EnergeticWisdom.com)

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