

# Resources for Developing Your Intuition

*Compliments of Susan Rueppel, Ph.D., Energetic Wisdom*

## BOOKS

Wilson, Lori, *De-mystifying Medical Intuition*, Toronto, Ontario, LWEC, 2005  
Available through [www.inneraccess101.com](http://www.inneraccess101.com) (my latest favorite!)

Berger, Ruth, *Medical Intuition, how to combine inner resources with modern medicine*, York Beach, Maine, Samuel Weiser, Inc., 1995

Brennan, Barbara Ann, *Hands of Light, A Guide to Healing Through the Human Energy Field*, New York, NY, Bantam Books, 1987

Bruyere, Rosalyn, L., *Wheels of Light*, New York, NY, Simon and Shuster, 1994

Day, Laura, *Practical Intuition, How to Harness the Power of Your Instinct and Make It Work for You*, New York, NY, Villard Books, 1996

Eden, Donna, *Energy Medicine*, New York, NY, Jeremy P. Tarcher / Putnam, 1998

Emery, Ph.D., Marcia, *Power Hunch, Living an Intuitive Life*, Hillsboro, OR, Beyond Words Publishing, Inc., 2001

Gee, Judee, *Intuition, Awakening Your Inner Guide*, York Beach, Maine, Samuel Weiser, Inc., 1999

Hoffman, Enid, *Develop Your Psychic Skills*, Atglen, PA, Whitford Press, 1981

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Johnson, Julie Tallard, *Teen Psychic, Exploring Your Intuitive Spiritual Powers*, Rochester, Vermont, Bindu Books, 2003

Myss, Ph.D., Caroline, *Anatomy of the Spirit, The Seven Stages of Power and Healing*, New York, NY, Harmony Books, 1996

Myss, Caroline, *Why People Don't Heal, and How They Can*, New York, NY, Harmony Books, 1997

Nani, RN, Ph.D., Christel, *Diary of a Medical Intuitive, One Woman's Eye-Opening Journey from No-Nonsense E.R. Nurse to Open-Hearted Healer and Visionary*, Palm Springs, CA, Queen's Court Press, 2004

Orloff, M.D., Judith, *Second Sight*, New York, NY, Warner Books, Inc., 1996

Peirce, Penney, *The Intuitive Way, A Guide to Living from Inner Wisdom*, Hillsboro, WA, Beyond Words Publishing, 1997

Reeves, Ph.D., Paula M., *Women's Intuition, Unlocking the Wisdom of the Body*, Berkeley, CA, Conari Press, 1999

Rosanoff, Nancy, *Intuition Workout, A Practical Guide to Discovering and Developing Your Inner Knowing*, Fairfield, CT, Aslan Publishing, 1991

Sanders Jr., Pete A., *You Are Psychic, An MIT-Trained Scientist's Proven Program for Expanding your Psychic Powers*, New York, NY, Ballantine Books, 1989

Schulz, M.D., Ph.D., Mona Lisa, *Awakening Intuition, Using your Mind-Body Network for Insight and Healing*, New York, NY, Three Rivers Press, 1998

Sutherland, Caroline M., *The Body "Knows", How to Tune In to Your Body and Improve Your Health*, Carlsbad, Ca, Hay House, Inc., 2001

Vaughan, Francis E., *Awakening Intuition*, New York, NY, Doubleday, 1979

## **AUDIO PROGRAMS**

Myss, Ph.D., Caroline and Shealy, M.D., Norm, *The Science of Medical Intuition, Self-Diagnosis and Healing with Your Body's Energy Systems*, Boulder, CO., Sounds True, 2002

Schultz, M.D., Ph.D, Mona Lisa, *Awakening Intuition, Using Your Mind-Body Network for Insight and Healing*, Random House, 1998

Schultz, M.D., Ph.D., Mona Lisa and Northrup, M.D.,Christaine. *Body Talk, No-Nonsense, Common-Sense, Sixth-Sense Solutions to Create Health and Healing*, Carlsbad, CA, Hay House, Inc., 2001

Caroline Myss and Norman Shealy CD or tape program on Medical Intuition  
*The Science of Medical Intuition*

## **MEDICAL INTUITION STUDY PROGRAMS**

Carol Ritberger  
[www.ritberger.com](http://www.ritberger.com)  
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Cameron Park, CA 95692  
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Lori Wilson – Medical Intuition, Channeling and Regression  
[www.inneraccess101.com](http://www.inneraccess101.com)