

Resources for Developing Your Intuition

Compliments of Susan Rueppel, Ph.D., Energetic Wisdom

BOOKS

My top two favorites (the remainder are listed alphabetically by author):

Wilson, Lori, *De-mystifying Medical Intuition*, Toronto, Ontario, LWEC, 2005
Available through www.inneraccess101.com

Ritberger, Ph.D., Carol, *Healing Happens with Your Help, Understanding the Hidden Meanings Behind Illness*, Carlsbad, CA, Hay House, Inc., 2008

Berger, Ruth, *Medical Intuition, How to Combine Inner Resources with Modern Medicine*, York Beach, Maine, Samuel Weiser, Inc., 1995

Brennan, Barbara Ann, *Hands of Light, A Guide to Healing Through the Human Energy Field*, New York, NY, Bantam Books, 1987

Bruyere, Rosalyn, L., *Wheels of Light*, New York, NY, Simon and Shuster, 1994

Day, Laura, *Practical Intuition, How to Harness the Power of Your Instinct and Make It Work for You*, New York, NY, Villard Books, 1996

Eden, Donna, *Energy Medicine*, New York, NY, Jeremy P. Tarcher / Putnam, 1998

Emery, Ph.D., Marcia, *Power Hunch, Living an Intuitive Life*, Hillsboro, OR, Beyond Words Publishing, Inc., 2001

Gee, Judee, *Intuition, Awakening Your Inner Guide*, York Beach, Maine, Samuel Weiser, Inc., 1999

Hoffman, Enid, *Develop Your Psychic Skills*, Atglen, PA, Whitford Press, 1981

Hoffman, Enid, *Expand Your Psychic Skills*, Atglen, PA, Whitford Press, 1987

Johnson, Julie Tallard, *Teen Psychic, Exploring Your Intuitive Spiritual Powers*, Rochester, Vermont, Bindu Books, 2003

Myss, Ph.D., Caroline, *Anatomy of the Spirit, The Seven Stages of Power and Healing*, New York, NY, Harmony Books, 1996

Myss, Caroline, *Why People Don't Heal, and How They Can*, New York, NY, Harmony Books, 1997

Nani, RN, Ph.D., Christel, *Diary of a Medical Intuitive, One Woman's Eye-Opening Journey from No-Nonsense E.R. Nurse to Open-Hearted Healer and Visionary*, Palm Springs, CA, Queen's Court Press, 2004

Susan Rueppel, Ph.D. *Energetic Wisdom*
www.energeticwisdom.com 916-491-4787

In the event you use any information in these listed resources, I assume no responsibility for your actions.
Medical Intuition is not a substitute for a competent health team that includes a licensed physician.

Orloff, M.D., Judith, *Second Sight*, New York, NY, Warner Books, Inc., 1996

Peirce, Penney, *The Intuitive Way, A Guide to Living from Inner Wisdom*, Hillsboro, WA, Beyond Words Publishing, 1997

Reeves, Ph.D., Paula M., *Women's Intuition, Unlocking the Wisdom of the Body*, Berkeley, CA, Conari Press, 1999

Rosanoff, Nancy, *Intuition Workout, A Practical Guide to Discovering and Developing Your Inner Knowing*, Fairfield, CT, Aslan Publishing, 1991

Sanders Jr., Pete A., *You Are Psychic, An MIT-Trained Scientist's Proven Program for Expanding your Psychic Powers*, New York, NY, Ballantine Books, 1989 (another favorite – describes the 4 primary modes of intuition)

Schulz, M.D., Ph.D., Mona Lisa, *Awakening Intuition, Using your Mind-Body Network for Insight and Healing*, New York, NY, Three Rivers Press, 1998

Sutherland, Caroline M., *The Body "Knows", How to Tune In to Your Body and Improve Your Health*, Carlsbad, Ca, Hay House, Inc., 2001

Vaughan, Francis E., *Awakening Intuition*, New York, NY, Doubleday, 1979

AUDIO PROGRAMS

Myss, Ph.D., Caroline and Shealy, M.D., Norm, *The Science of Medical Intuition, Self-Diagnosis and Healing with Your Body's Energy Systems*, Boulder, CO., Sounds True, 2002

Schultz, M.D., Ph.D, Mona Lisa, *Awakening Intuition, Using Your Mind-Body Network for Insight and Healing*, Random House, 1998

Schultz, M.D., Ph.D., Mona Lisa and Northrup, M.D., Christaine. *Body Talk, No-Nonsense, Common-Sense, Sixth-Sense Solutions to Create Health and Healing*, Carlsbad, CA, Hay House, Inc., 2001

Caroline Myss and Norman Shealy CD or tape program on Medical Intuition
The Science of Medical Intuition

MEDICAL INTUITION STUDY PROGRAMS

Carol Ritberger, Ph.D., The Ritberger Institute and Ritberger Media Group
www.ritberger.com
2040 Riesling Way
Cameron Park, CA 95692
530-676-3563

Lori Wilson, Inner Access 101, Medical Intuition, Channeling and Regression
www.inneraccess101.com

Susan Rueppel, Ph.D. *Energetic Wisdom*
www.energeticwisdom.com 916-491-4787

In the event you use any information in these listed resources, I assume no responsibility for your actions.
Medical Intuition is not a substitute for a competent health team that includes a licensed physician.