



**“Everyone needs to read
this book!”**

-Sarah C. Dornin, *Nano Letters*, Harvard University

Hey, Are You Listening To Me?

**Listening Your Way to Professional
and Personal Success**

by Rebecca Carswell

(\$12.95, soft cover, Booksurge)

Called **“Brilliant!”** by Dr. Lewis Losoncy,
psychotherapist and author of *If It Weren't For You We*

Could Get Along! How to Stop Blaming and Start Living, Rebecca Carswell's new book helps people develop this often overlooked – but extremely important – skill. Her message is simple: Change the way you communicate and your life will change for the better.

Most of us are never taught how to listen and communicate effectively. But perhaps even more important, we are never taught how necessary to our happiness and quality of relationships this essential skill is. With clarity and humor, Rebecca opens our minds and our ears, teaching us how to develop our ability to listen. With this, comes the ability to understand each other better.

Dr. Keith D. Clark, professor of interpersonal and organizational communication says, **“Whether you are a communication professional, or simply interested in becoming a better person, communicator, or friend, Rebecca Carswell's book contains information you can use.”**

Katrina M. Mayer, Ph.D., author of *The Mustard Seed Way*, says, **“Sharing this book with others will definitely make a positive difference in your life as well as the lives of those around you.”**

Rebecca takes us through the obstacles that prevent us from really hearing – and understanding – each other. She explores our various habits of skipping out mentally during a conversation and offers simple solutions to rectifying these habits. This easy, fun read will change your relationships for the better – so much that you'll want to share it with others in your life!

Rebecca Carswell is a speaker and co-author of *The GROUP: An Amazing Way to Achieve Success, Happiness & Extraordinary Relationships* (DC Press, \$16.95). For more information, visit her at www.RebeccaCarswell.com. For jpeg images, interviews, or more information, Rebecca can be reached at (772) 913-4323 or rebecca@rebeccacarswell.com. This book is available on Amazon.com and RebeccaCarswell.com.