

# Hear Virginia

An Educated Patient is the Best Patient

## Personal Communication Challenges Worksheet

Create a list of places or situations that you have difficulty hearing or communicating. Be as specific as you can, this will help in finding the right solution for your individual needs. Try to involve your spouse if at all possible.

Example: I have difficulty understanding my guests when out to dinner at a crowded Applebee's Restaurant.

Try to rank them from the most frustrating situation to the least in order one through four.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

When you have completed the worksheet, make sure you take it to your hearing assessment so the Audiologist can make an accurate diagnosis of your hearing ability.

Call for your appointment today!

**804-282-5590**