



FNSW NORTH NEWSLETTER



Met Far North

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A.B.N. 25 003 215 923

Phone: (02)8876 8942 Email: pfutbol@bigpond.net.au Mob: 0414 207 226

ISSUE: JUNE – AUGUST 2009

Football NSW

Met Far North Region



Welcome to FNSW Central Coast-Kuringai newsletter, we will send this when updates occur to local coaching scene. If you are receiving this by error, please accept our apologies and let us know and we will remove your email address.

Thank you.

Active Domain names to ensure you find us quickly....

<http://www.passion-futbol.com/>
<http://www.footballcentralcoast.com/>

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OCTOBER STATE TITLES U12-13B, U12-14-16G NEWS

The annual Football NSW State Titles, which are an integral part of the Football NSW Elite player pathway, have been scheduled for the October school holidays from 12th to the 16th October. The age categories for the October titles will be 12-13 boys and 12-14-16 Girls. Football NSW have been charged with the presentation and conduct of trials for Met Far North which brings together two great associations in Ku-ring-gai and Central Coast.

All trials will be held at the Central Coast centre of excellence at Budgewoi FC. Please note that the only criteria to be eligible to trial is that you reside in Kuringai or Central Coast Associations boundaries and these trials are open trials and everyone is welcome.

You must register via FNSW to trial; there are two ways of doing this, use which ever you find easier:

- Download form from www.passion-futbol.com - complete it and send via email to Ben Wright on benw@footballnsw.com.au and Steve Arbelo FNSW Area manager on pfutbol@bigpond.net.au or fax it to 8814 4484

or

- Register via emailing us direct on pfutbol@bigpond.net.au with following information:
 - Name and Address
 - Date of Birth
 - Preferred position and second position played
 - FFA ID if known, can be obtained via <https://live.myfootballclub.com.au/lookup/> or ask your team manager
 - Current club
 - Contact Numbers



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Friday August 21 & Friday August 28

U12B (Born 1997) – 5 - 6.30pm

U13B (Born 1996) - 6 - 8.00pm

Saturday August 22 & Saturday August 29

U12G (up to born 1997) - 4 - 5.30pm

U14G (up to born 1995) – 4 - 5.30pm

U16G (up to born 1993) - 5.30 - 7.00pm

Venue: Budgewoi FC - 1 Millington Way, Buff Point NSW

Trials: OPEN

PROJECT 22 2009/10



Note: All information is available by visiting www.passion-futbol.com

Football NSW is proud to launch 'Project 22', the implementation of an elite player development system aimed at producing future Socceroos and Matildas who will potentially compete at the 2022 FIFA World Cup.

A Football NSW initiative, Project 22 seeks to identify the best players in the 9-14 age groups across NSW, aiming to lay down the foundations required to give the best youth footballers in the state the highest chance possible to succeed at the elite level as adult footballers.

Based on the National Curriculum launched by Football Federation Australia (FFA), Project 22 is centred on Football NSW being able to exceed world best practice in providing an elite competition and training environment for our future National Team players.

Free to all selected players, this highly professional development setup allows players to train up to five (5) times a week

– for 40 weeks of the year – with highly experienced and qualified instructors.

Football NSW High Performance Manager Paul Bentvelzen sees this as a fantastic opportunity for players to receive top-class coaching as well as compete in elite competitions.

“Finally we can combine a quality training environment with our own elite competition in which the ultimate goal is for player development and not the win at all cost mentality.”

The Sydney metropolitan area will be divided into six regions for boys and a single central region for girls which will provide players with a training environment specific to their geographical region facilitating an easy option for parents to access player development.

The regions for the boys would include:

- Sydney West (Blacktown, Granville, Nepean)
- Sydney East (Canterbury, Eastern Suburbs, St George)
- Sydney South (Bankstown, Macarthur, Southern Districts)
- Sydney North (Gladesville-Hornsby, Manly-Warringah)
- **Sydney Far North (Central Coast, Ku-ring-gai)**
- Sydney Far South (Illawarra, Sutherland)

Project 22 will not only act as the official state team player pathway but will also account for country development, with the Riverina, Western and Southern Regions set to administer a centre of excellence in which state team players will train one (1) night per week.

Football NSW CEO Michael Quarmby is elated with the program, as it provides



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talented players with an exciting opportunity to work in a professional environment with Football NSW and the FFA.

“This is one of our major initiatives that we have been planning for some time.

“To be able to provide free coaching on a full-time basis is something that we have been striving for.

“The Board of Football NSW and I are very proud that we can take the next step in developing our elite NSW based boys and girls and look forward to seeing some of their names on the Australian team sheets in the future.

“I want to congratulate the FFA on providing a clear national vision through the football development plan and the new national curriculum.

“The united pathway and partnership with key footballing institutions; such as the Johnny Warren Football Foundation, the NSW Institute of Sport (NSWIS) and the Australian institute of Sport (AIS), make towards fostering our next generation of players.

“It's an exciting time for an up and coming football player.”

Bentvelzen sees Project 22 as a significant stepping stone in improving the standards of coaching at the junior level to rival those seen across Europe and South America.

“For the first time in Australian Football history, we finally have a long term vision for the success of our sport on the world stage.

“The national body have employed highly educated and experienced technical staff who in turn has developed a comprehensive National Curriculum.

“Football NSW in conjunction with the FFA have created the environment and structure through Project 22 in which this curriculum can be brought to life, I can't wait to see the rapid improvement that our best players will make when placed in a truly world class program.”

Open trials will be held for boys and girls at Valentine Sports Park, Glenwood.

- U9, U10, U11, U12 (DOB 2001-1998) [boys] 19th & 20th of September, 2009
- U13, U14 (DOB 1997-1996) [boys] 26th & 27th of September, 2009
- U13, U14, U15 (DOB 1997-1995) [girls] 26th & 27th of September, 2009

Interested players can register below or call (02) 8814 4436.

GRASSROOTS DEVELOPMENT PROGRAMS 2009/10

Note: All information is available by visiting www.passion-futbol.com

Football NSW has long been the premier provider of grassroots through to elite coaching programs for players in NSW. Our coaches and programs have been proven to be amongst the best available to players in this country. The 2009/10 Programs will be an opportunity to continue enhancing the quality, accessibility and adaptability of our programs. With a shift in philosophy FNSW aim to deliver programs in 2009/10 that are amongst the best not only in terms of technical teaching but also in the teaching of game awareness. Football NSW also aims to make our programs more accessible to players at a grassroots level by providing a Centre of Excellence at FNSW Headquarters along with Regional Programs across the Sydney Metropolitan, Central Coast and Wollongong regions at a cost well below current market value whilst delivering quality coaching well above the market average. On top of this the delivery will be more flexible in offering program blocks whereby families may choose to attend the complete program or



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school term blocks separately thus reducing the overall cost as needed. It is hoped that each area is able to achieve full squads in each age group by providing a more flexible and financially accessible program for 2009/10.

Ages in 2010

U/7 (D.O.B. 2003) - 20 Sessions with Option
U/8 (D.O.B 2002) - 20 Sessions with Option
U/9 (D.O.B 2001) - 20 Sessions with Option
U/10 (D.O.B 2000) - 20 Sessions with Option

Trials and Venues:

DATES have changed due to Project 22.

U/7 Sat 24/25 October at 9-10am

U/8 Sat 24/25 October at 10-11am

U/9 Sat 24/25 October at 11.30-1pm

U/10 Sat 24/25 October at 1.30-3pm

Budgewoi FC, 1 Millington Way, Buff Point

What the players receive:

- 20 Sessions - TERM 1 Oct to Dec
- 20 Sessions - TERM 2 Feb to Apr - OPTIONAL
- Periodised Annual Training Program
- 1 x testing days
- Gear (2xShirts, 2xShorts, 2xSocks, 1xBag, 1xBall and 1xDrink Bottle)
- Report

Cost for the Program & Payments Plans

ALL program are same costs structure:

TERM 1:

20 Sessions @ 15.00/Session = \$300.00

GEAR: \$250.00

TERM 2:

20 Sessions @ 15.00/Session = \$300.00

FULL PROGRAM TERM1+TERM2+GEAR: 850

TERM1 or TERM 2 with GEAR: \$550

TBA Deposit at Induction

Final Payment TBA

Appointed Coaches:

TBA

To Register for trials, which we will communicate these trials, please send us an email (pfutbol@bigpond.net.au) with following information:

- Name and Address
- Date of Birth

- Email
- Contact Numbers preferably Mobile
- Preference: Term 1 & 2 combined or Term 1 only

Thank you

Visit our web page www.passion-futbol.com/coaching regularly, for all coaching updates

Academies explained Ages in 2010, see write up below for full details:



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ACADEMIES EXPLAINED

Grassroots Development Programs	U7 & U8 Combined U9 & U10 Combined Venue: Central Coast Budgewoi Sessions: 20 per term Terms Available: 2 Trials: October 24/25 See below
Project 22 U10	Best 7 under 9's & best 7 under 10's Full time program 4 nights a week, Mon-Thu Venues: Central Coast & Kuringai State Title Format Trials: September 19/20 VSP See below
Project 22 U12	Best 7 under 11's & best 7 under 12's Full time program 4 nights a week, Mon-Thu Venues: Central Coast & Kuringai State Title Format Trials: September 19/20 VSP See below
Johnny Warren Football Foundation U11/12	Players who miss out in project 22 U12. Program runs October to April 2 Nights a week Venues: TBA Trials: TBA
Project 22 U14	Best 7 under 13's & best 7 under 14's Full time program 4 nights a week, Mon-Thu Venues: Central Coast & Kuringai State Title Format Trials: September 19/20 VSP See below

Yours in Sport,
Football NSW - Met Far North